Socio-Emotional Formation & Inclusive (SEFI) Support

Supporting caregivers to be regulated, reflective, responsive, resourced, and ready to support the children in their care

SEFI Support provides short-term infant and early childhood mental health consultation services for private childcare settings at no cost.



Administrators may feel overwhelmed or disconnected from their team. Leadership seeks support for creating or maintaining an environment that prioritizes reflection and responsive caregiving to promote an inclusive climate.

SEFI SUPPORTS LEADERSHIP

Caregivers may feel overwhelmed and express feelings of stress or trauma. SEFI supports wellness and encourages reflection to increase awareness and confidence of program staff.

SEFI SUPPORTS PROGRAMS





A classroom may feel challenging. SEFI supports positive teacher/child relationships and encourages a calm classroom environment.

SEFI SUPPORTS CLASSROOMS

A child may display behaviors that are challenging adults, creating feelings of stress and reactivity in caregivers. In partnership with the program, SEFI supports the child and family to support co-regulation and to avoid suspension or expulsion.

SEFI SUPPORTS CHILDREN AND FAMILIES



To submit a SEFI request:

CLICK HERE OR SCAN QR CODE

For more information:

CLICK HERE or SCAN QR CODE for WEBSITE

SEFI Socio-Emotional Formation Initiative

sefisupport@montclair.edu
973-826-7971

MONTCLAIR STATE UNIVERSITY

What to expect from the SEFI Support Process

If you choose to submit a request for SEFI Support, you will be contacted by a member of our team within 48-hours. If you are enrolled as a center in Grow NJ Kids, we will also connect with your TAS/QIS. In our initial conversation, we will begin to understand your needs and decide together the best fit of SEFI Support for your program.



Leadership Support

What support may look like:

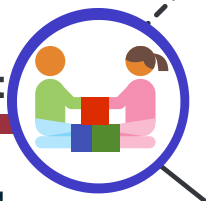
- Identifying strengths and areas for improvement in staff development and leadership strategies
- Participation in reflective discussions with a focus on reducing stress and increasing reflectivity and responsivity
- Participation in the SEFI Director's Group



Program Support

What support may look like:

- Participation in a reflective group
- Training or professional formation opportunities
- Collaborative conversations focused on how thoughts, feelings, and histories of adults can influence relationships with children



Classroom Support

What support may look like:

- Classroom observations with a focus on teacher/child relationships and interactions
- Reflective discussions regarding challenges and successes in the classroom
- Exploring strategies of self-care, stress-management, co-regulation, reflection, and overall classroom well-being



Child/Family Support

What support may look like:

- Reflective discussions to increase adult self-awareness and enhance self and co-regulation
- Connecting with families to strengthen home/school collaboration
- Supporting developmental needs and making referrals to additional support as needed



Submit a Request for SEFI Support

CLICK HERE OR SCAN QR CODE



Contact Us

Email: sefisupport@montclair.edu
Phone: 973-826-7971

The Socio-Emotional Formation and Inclusive [SEFI] Support at the Center for Autism and Early Childhood Mental Health at Montclair State University is supported by the NJ Department of Human Services, Division of Family Development.

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